



eat out eat well award charter

The eat out eat well award rewards good practice and highlights businesses that are making it easier to eat healthily when eating out. Look for the apple symbol - its the sign of healthier food.

This establishment has achieved an eat out eat well award based on the ongoing commitment to the following conditions:

- **To keep the level of fat, salt and sugar to a minimum in food across the menu**
- **To make fruit and vegetables clearly available**
- **To increase the availability of starchy goods such as bread, rice, potatoes, and pasta**
- **To provide healthy and nutritious food for children, where children are served**
- **To have an appropriate sales promotion and marketing strategy, which supports healthier eating**
- **To ensure all catering / food serving staff are knowledgeable of the eat out eat well award**
- **To maintain satisfactory food hygiene standards**

If these conditions are not maintained, the Awarding Body reserve the right to withdraw the award.

For more information about the award go to www.eatouteatwell.org

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